

UDS All-Star Training Club

YOUTH TRACK & FIELD LEAGUE

SCHEDULE OF MEETS

- April 7 @ 2 p.m. ~ Lane/Miller South
- April 14 @ 2 p.m.: ~ Lane, Nardonía, Massilon
- April 28 @ 2 p.m. ~ Lane, Nardonía, Massilon MS
- May 5 @ 2 p.m. ~ Lane, Nardonía, Massilon MS
- May 11 @ 10 a.m. ~ Championship @ Copley HS

Sign up today!

LOCATIONS

- Lane field/Miller South: 519-543 Howe St. Akron OH
- Nardonía High School: 8006 S. Bedford Rd., Macedonía, OH 44056
- Massilon MS: 250 29th Street NW, Massilon OH 44647
- Copley HS: 3807 Ridgewood Rd, Copley OH 44321

Location Information

Athletes and clubs will be assigned to the location that is nearest to them and will be notified prior to the start of the meet.

**Please remember all dates, locations and times are subject to change.*

4/2/2019

REGISTRATION OPTIONS

- ◆ **Individual Registration** (3 options)
 1. Complete Season - \$40
 2. Single Meets - \$10 per meet
 3. Championship Only - \$20
- ◆ **Team Registration** (complete season only)
 1. 1 to 10 athletes - \$36 per athlete
 2. 11 to 25 athletes - \$34 per athlete
 3. 26 to 50 athletes - \$32 per athlete
 4. 51 and up - \$30 per athlete

DEADLINES

- ◆ **March 23:** Coaches need to email Dan Lancianese (dlancian@gmail.com) or call (330-352-5602) with estimated number of participants.
- ◆ **April 4:** Athletes/clubs/teams will be assigned specific locations for the meets in April.
- ◆ **May 1:** Deadline for championship entries. A separate application will need to be submitted. Seeding for running events will be based on times submitted by coaches or parents.

ODDS & ENDS

- ◆ We would like to set up a network for athletes who may not have a place to train. We are reaching out to clubs who offer track and field to allow these athletes to train at your location. The goal being anyone who may be in need of a training location locates one. If you are interested in joining or would like more information, please contact Dan Lancianese by phone, at 330-352-5602, or visit our website, www.allstartrainingclub.org.

GOAL

- ◆ The goal of the Youth Track and Field League is to provide a comprehensive league that incorporates all populations. The league is open to youth 14 and under including AAU/USA track and field participants. Athletes will be divided into three divisions based on age. Athletes with a disability will compete in Division IV and there is NO age restriction.

AGE DIVISIONS (age as of 4/1/18)

- ◆ **DIVISION I** - 13/14
- ◆ **DIVISION II** - 11/12
- ◆ **DIVISION III** - 10 & under*
**More subdivisions may be added under this division based on enrollment numbers and the ages of the registered athletes.*
- ◆ **DIVISION IV** - All individuals with disabilities - no age limit

EVENTS

- ◆ Each athlete is eligible to compete in a maximum of three events per meet (this includes being a member of a relay team).
- ◆ Order of events will abide by OHSAA schedule for middle school age:
 - Running Events: All divisions: 100m HD, 4 x 200 relay, 1600m run, 4 x 100 relay, 400m dash, 200m hurdles, 800m run, 200m dash, 4 x 400 relay
 - Field Events: All divisions: long jump, standing long jump, and shot put; Division I only: discus; Division I & II only: high jump

For the most up-to-date information, visit our website at www.allstartrainingclub.org, or contact Dan Lancianese, sports supervisor, by email at dlancian22@gmail.com, or by phone at 330-352-5602.

