ALL-STAR TRAINING CLUB BRINGS YOU THE VIRTUAL SUMMER SERIES

The UDS All-Star Training Club is excited to bring you the first video in our 10-Part Virtual Summer Series! With COVID-19 preventing us from safely participating in our normal summer camp season, we created virtual videos you can do right at home or in your own backyard. This is an exciting way to stay active together and learn new skills with our expert. This video series will be released the first and third Wednesday at 12:30 p.m. on the UDS Facebook page throughout the rest of the summer to encourage health and wellness. The next video will be released on Facebook, August 5.

The first video of the series features Ben Tostiwa, PGA Professional and manager of the Cleveland Clinic Akron General Challenge Golf Program. and Charlie, an All-Star Training Club athlete. They will be teaching you some golf basics to help improve your game while Charlie demonstrates his skills. This is a great way to learn more about the sport of golf and pick up learning about the history of the Cleveland Clinic Akron General Challenge Golf Program. The program began in 1988 as an extension of the rehabilitation work being done at Akron Children’s Hospital, a comprehensive rehabilitation facility in Akron. It was created to help people adopt the game of golf as an individual’s exercise regiment. In 1991, they built the nation’s first accessible golf course. The program continues to gather patient bodies and remain a proud piece of Akron’s history.

Special thanks to Ben Tostiwa and Cleveland Clinic Akron General for helping us bring this to you. Check out the UDS All-Star Training Club virtual events calendar! We hope you enjoy it.

Follow us on Facebook to keep up with the latest virtual programming options available to you. And more ways to stay active with the All-Star Training Club. This video series will also be available on the UDS website.

Stay safe, healthy, and UDSstrong.

Be sure to save our webinars when sharing and engaging with this video series on our Facebook page.

To ensure our emails continue to reach your inbox, please add our email address to your whitelisted list.