

A PROGRAM OF UNITED DISABILITY SERVICES



TOY & RESOURCE CENTER BUILDING BLOCKS

ONE ITEM ONE SITE ONE IDEA

We are bursting with excitement to share this month's highlighted item! This will totally *blow* you away: **bubble blowers**.

Bubbles are popular during summer play, and they serve as a fantastic vehicle for enhancing multiple domains of learning (identified below). We have a large **bubble wand bucket** along with a variety of **bubble machines** (Cocomelon, a pineapple, Candylicious, and more).

- Follow bubbles by controlling eye movements. (**distance/depth perception**)
- Chase, stomp or dodge bubbles. (**gross motor**)
- Round lips while blowing to strengthen oral motor skills. (**speech development**)
- Isolate fingers to pop bubbles. (**fine motor**)
- Teach body parts. ("Pop the bubble with your nose!")
- Dip your hands in bubble solution, then blow bubbles using your hands. (**tactile stimulation**) Borrow our **sensory tubs** to hold your solution!
- Add essential oils to bubbles to engage the sense of smell.
- Count bubbles as they drift through the air. (**math**)
- Talk about the impact of wind on direction and explain cause and effect. (**science**)
- Take deep breaths before blowing for a calming experience. (**coping skills**)



ONE SITE

Check out the following sites (one for babies/one for toddlers) to gain insight into the benefits of bubble play.

kiddipedia.com.au/how-babies-benefit-from-bubble-play/

blog.breathingspacedc.com/benefits-of-bubbles/

ONE IDEA

Make note cards with your child by **painting with bubbles**. Sending thank you cards to family and friends will help with written expression. It also teaches respect and appreciation.

You will need the following items:

small cups	water
dish soap	straws
cardstock	markers
food coloring or tempera paint	

Fill a small cup $\frac{3}{4}$ full with water and add a pump of dish soap. Add 5-10 drops of food coloring or tempera paint. Mix with a straw and then blow bubbles until they form a mound on top of the cup. Scoop bubbles onto cardstock or place cardstock on the cup. Allow time to dry before proceeding with the next color, unless you want to see some of the colors bleed together. Fold the cardstock to create a note card. Use markers to draw pictures or add words.

We don't mean to sound like a soap opera, but the TRC is the place to be!



Why buy when you can borrow? United Disability Services' toy lending library loans developmental toys and resource materials to its members. Stop by and see us!

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