

A PROGRAM OF UNITED DISABILITY SERVICES



TOY & RESOURCE CENTER BUILDING BLOCKS

ONE ITEM ONE SITE ONE IDEA



Puzzled over holiday gift ideas? No need! Have “piece” of mind because you and the TRC are the perfect fit! A family membership is a great gift that is new and exciting year-round!



Puzzles are a perfect educational activity during the early years and beyond! Start with simpler puzzles to prevent frustration and build self-esteem. We have an entire wall to choose from: easy inset, jigsaw, matching, self-correcting, sound producing, concept building, sensory . . . the list is never-ending!

Floor puzzles engage the entire body! As kids reach across to assemble pieces, they may cross midline—an imaginary line down the middle of their body! Doing so allows both sides of their brain to communicate! This is necessary for coordination and control of movements for doing things like dressing, skipping, drawing and crawling!

Piece by piece, puzzles have so many benefits! Grasping pieces and placing them in the correct location develops fine motor and eye-hand coordination! Using spatial words such as “above,” “next to” or “rotate” will build language skills!

Puzzles make us think—so logic along with trial and error are a part of the process! Practice with problem-solving prepares us to brainstorm solutions and deal with bigger challenges down the road!

Regardless of age, engaging with puzzles is shown to lower stress. Plus, finding tranquility in chaos is something we all may benefit from this holiday season!

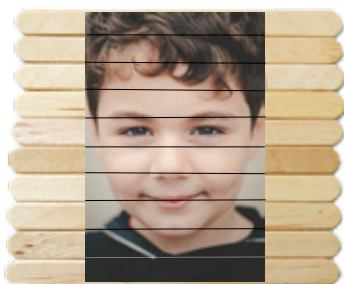


This site contains amazing suggestions on ways to use puzzles to promote learning with babies, toddlers and beyond! Just go to the site and search "10 Puzzle Activities."

speakplaylove.com

Family Picture Puzzle Crafts

Print a family photo on a large piece of paper and then cut it up to create a family puzzle. Work with your child to put the pieces back together.



You can also glue a photo of your child onto some popsicle sticks. Once it is dry, cut the sticks apart and try to reassemble the photo in the proper order.



Why buy toys when you can borrow them? United Disability Services' toy lending library loans developmental toys and resource materials to its members. Stop by and see us!
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