

A PROGRAM OF UNITED DISABILITY SERVICES



## TOY & RESOURCE CENTER BUILDING BLOCKS

ONE ITEM ONE SITE ONE IDEA

**This month's toy will have you bouncing with laughter and learning: BALLS!**

There are many developmental benefits from this cost-effective and versatile toy that will help children become well-rounded.

Babies may use balls as a tummy time toy to visually track them as they roll. A child who struggles with eye-hand coordination may find our **weighted scarf beanbag balls** easier to catch.

**Textured balls** may address sensory needs, **facial expression balls** serve as a vehicle to practice social emotional skills, while our **Yuck-E-Medicine balls** may help kids who benefit from extra input to their muscles and heavy work activities (e.g., push, pull).

Bounce balls according to the number of syllables in a word! Build teamwork by tossing the ball to each other, counting the number of exchanges before it falls! Let little ones lie on their back and use their feet to pass the ball to someone behind them or drop it into a laundry basket!

We have **hoppity-hop balls**, **bowling balls**, **footballs** and more! Exercise boosts feel good endorphins in our brain which reduces stress. Passing a ball to someone beside you helps activate both sides of your brain.

**Visit us today for more un-BALL-ievable ideas for fun and creative play.**



## ONE SITE

From playing Monkey in the Middle to Silent Ball, the Verywell Family site provides it all:

<https://bit.ly/3VhwSXZ>

KidsActivities.com offers ideas for younger children, including a DIY indoor croquet game and muffin tin mania:

<https://bit.ly/4blvuna>

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## ONE IDEA

### Beach Ball Bonanza

Beach balls can be found everywhere in the summer. Pick one up at a dollar store and let kids (or adults) use a marker to write letters, numbers, shapes, or other desired skills on the different colors/sections of the ball. While tossing the ball, take turns calling out a color and ask the person who catches it to relay the name of a visual printed on that area (e.g., the letter “C” or the number “3”). Just keep the fun and learning rollin’!



**Why buy toys when you can borrow them?** United Disability Services’ toy lending library loans developmental toys and resource materials to its members. Stop by and see us!

**UDS ♦ 701 S. Main St., Akron, OH 44311 ♦ 330-762-9755**

**[www.udsakron.org](http://www.udsakron.org)**

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