

A PROGRAM OF UNITED DISABILITY SERVICES



TOY & RESOURCE CENTER **BUILDING BLOCKS**

ONE ITEM ONE SITE ONE IDEA

This month, we are highlighting an item that everyone will find absolutely *illuminating*! **LIGHT TABLES!** We have several different varieties of light tables at the Center to meet the diverse needs of our members—from a small "pad" variety to the one highlighted here: **LimeLite LED Sand Table** from Fun and Function! This table will mesmerize little ones with its soft glow and dancing colors!

Light tables serve as a versatile teaching tool and will open your eyes to a new way of learning! Whether used for sensory play, a calming experience, bringing light to repetitive tasks, as an aid for tracing and pre-writing development or to assist those with vision impairments . . . the list of benefits and activities are endless!

Watt's not to love about this item? The lighted surface is enticing and will immediately capture one's attention! Used in combination with translucent objects (e.g., magnetic bingo chips, shapes, Magna-Tiles), sensory items (e.g., water beads), X-rays or even see through balloons—the light table becomes magical! In addition to the tables, we have accessories you can use with them.

If anyone using the LimeLite LED Sand Table has epilepsy, a history of migraines or light sensitivity triggers, you may want to avoid using the flashing light option on this device. We always recommend adult supervision with any of the materials loaned out through the Center—safety is paramount!



This site will *spark* your interest and get you *glowing* as you see the many ways you can use a light table.

<https://bit.ly/459mkN3>

Create your own Light Table!

Items needed:

- Translucent/clear storage container (e.g., under the bed box)
- Tracing paper
- Holiday lights (quantity needed will depend on size of the box). You can use plug in lights if you drill a hole in the side of the container to insert the cord into an outlet or purchase battery-operated lights as another option.
- Decorative tape (optional)

Directions:

1. Adhere tissue paper to the inside of the lid of the container.
2. Line the inside of the container with foil for maximum light reflection.
3. Add the lights inside and close the lid. Voilà! A light table.

Little ones can develop pre-writing skills as they trace their name, create leaf rubbings, sort and stack colorful translucent cups from the Dollar Tree—it is sure to be an enlightening experience for all!



Why buy toys when you can borrow them? United Disability Services' toy lending library loans developmental toys and resource materials to its members. Stop by and see us!

UDS ♦ 701 S. Main St., Akron, OH 44311 ♦ 330-762-9755
www.udsakron.org

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